

Complete Methylation Panel

Gain a deeper understanding of how your body processes and activates essential nutrients with our Complete Methylation Panel. This comprehensive test evaluates key genetic and biochemical markers involved in methylation — a vital process that supports detoxification, hormone balance, energy production, and mood regulation. Results can help identify nutrient deficiencies, guide personalized supplementation (such as B12, folate, and SAMe), and optimize overall metabolic and genetic health.