Apoliprotein Evaluation

This test measures key proteins— Apolipoprotein A1 (ApoA1) and Apolipoprotein B (ApoB)—that play vital roles in cholesterol transport and cardiovascular health. Evaluating these markers provides a more detailed picture of heart disease risk than standard cholesterol testing alone. Understanding your ApoA1 and ApoB levels helps personalize nutrition, lifestyle, and supplement strategies to support optimal lipid balance and cardiovascular wellness.